

בס"ד

Special Pre-Pesach Workshop:

ENJOY A PAIN FREE SEDER

1 SESSION - 3.5 hours

Tuesday, April 1 at 9 a.m. or 6 p.m.

German Colony, Jerusalem

Guided visualizations, EFT, & writing.

Identify underlying emotions and illusions trapping you in pain.

Tap into the power of your emuna and wisdom to cross the sea.

Chaya Sara Brand LMSW

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Chaya Sara has 40 years international experience facilitating personal change through *chassidut* together with a full range of psychology's tools in workshops and individual counseling.

Detail from mixed media by Yoram Raanan